



DIRECTORY of COMMUNITY SERVICES

NORTHERN ROCKIES

COMMUNITY SERVICES

Addiction Services Mental Health and Addiction Services Northern Health

250-774-8105
Lower level of the Hospital
www.northernhealth.ca

Full service agency providing assessment, treatment and referral for the following: adult drug and alcohol addictions, youth and family counseling for alcohol affected youth, family counseling.

Alcoholics Anonymous

250-774-4171
www.area78.org

Supporting individuals with alcohol addiction.

Al-Anon

250-233-5086 after 5pm

Supporting families and friends affected by addiction.

Alzheimer's Society of BC

1-866-564-7533
www.alzheimersbc.org

Support and education for anyone facing Alzheimer's disease or related dimentias.

BC Housing

1-800-257-7756
www.bchousing.org

If your household income is \$35,000.00 or less, you may be eligible to receive cash assistance with your monthly rent payments.

Canada Prenatal Nutrition Program

250-233-8920
5019 52 Avenue W
pop.nraws@northwestel.net

Promotes healthy choices and strategies for parents. Provides education, support and promotes positive healthy practices for pregnant women.

Child Care Resource and Referral

1-877-785-5701
hmcbyran@spcrs.ca
www.ccr.bc.ca

Referral and resources to child care providers. Provide support for those opening licensed childcare.

Children Who Witness Abuse

250-774-2596
5012 Airport Drive
cwwa.fnfds@northwestel.net

Provides group and individual counseling services for children who have witnessed abuse, threats or violence in the home.

Continuing Care Home Support Northern Health

250-774-7092
5217 Airport Dr.
www.northernhealth.ca

Offering homecare nursing, home support and long term care.

Citizens on Patrol

250-774-2700
bc.rcmp.ca

Community group providing an outlet for informal policing and surveillance

Fort Nelson Aboriginal Friendship Society

250-774-2993
5012 49th Avenue

Information and referrals to programs including: Alcohol and Drug Addictions; Elder Outreach; Food Bank; HIV/AIDS Services; Women's Support Group, Outreach Services and Transition House; Stop the Violence Counseling; Men's Shelter; Youth At Risk, Youth Counseling & Wellness and Youth Centre.

Fort Nelson Community Literacy Society

250-774-4415
Sikanni Plaza
www.fncls.com

The Fort Nelson Community Literacy Society is a non-profit organization working to increase skills, encourage further education, and develop the value of learning for life. Providing programs and support to help adults and families overcome educational barriers. Programs include English as a Second Language tutoring and classes, family tutoring, adult tutoring, computer help and much more.

Fort Nelson Employment Services

250-774-3114
5008 49th Avenue
jadams.fnafs@northwestel.net
www.fortnelsonemployment.ca

Assisting in finding employment and helping with the skills needed to apply for work.

COMMUNITY SERVICES

Fort Nelson Family Development Society

250-774-2596
5012 Airport Dr.
ed.fnfds@northwestel.net

Assists families through services and referrals that enable children and families to achieve optimal growth and development. Programs include: Skills and Respite for Children with Special Needs, Infant Development, Supported Child Development, Children Who Witness Abuse, Physiotherapy and Occupational Therapy Outreach for Children, Adult Support Services and the Family Resource Program.

Fort Nelson First Nation

250-774-7257
2026 Kennay-Yah Road
reception@fnnation.ca
www.fnnation.org

The Health and Family Service Department provides a variety of prevention and intervention programs and services that promote healing, growth, and self-reliance.

Fort Nelson Hospice Society

250-774-8142
Lower level of the Hospital
fortnelsonhospice@gmail.com

A community based program dedicated to supportive compassionate care for the person, family or friends facing terminal and/or life threatening illness.

Fort Nelson Hospital & Healthcare Foundation

250-774-8135
5315 Liard Street
fnhf@northernhealth.ca

Committed to assisting the Fort Nelson General Hospital in assuring that they can provide the best medical care to our community.

Fort Nelson Public Library

250-774-6777
Town Center
librarian@fortnelson.bclibrary.ca
www.fortnelson.bclibrary.ca

We have what you need! Reading material, audiobooks, music cd's, DVD's, free internet access, children's game computers, and our eLibrary - including databases, downloadable audio and e-books. Find us on Facebook too!

Fort Nelson Search and Rescue

250-774-2700
www.bcsara.com

Members are experienced in wilderness & urban searches. Some members have advanced training in rope rescue, swiftwater rescue & search management.

Healthlink BC

811
www.healthlinkbc.ca

Trusted health information at your fingertips; call or click. Call 811 to speak with a Registered Nurse, Pharmacist or Dietitian, 24 hours a day, 7 days a week in over 150 languages

Mental Health and Addiction Services

250-774-8105
Lower level of the Hospital
www.northernhealth.ca

Provides assessment, treatment, consultations, education and training and rehabilitation services for mental illness.

Ministry of Children and Family

250-774-5585
5020 Airport Drive
www.mcf.gov.bc.ca

The Ministry provides programs and services to ensure that healthy children and responsible families are living in safe, caring and inclusive communities.

Ministry of Employment and Income Assistance

1-866-866-0800 then choose 3
and then 1
www.hsd.gov.bc.ca/bcea.htm

Provides a variety of services to eligible clients. Assisting individuals towards sustainable employment of financially assisting individuals and families in need.

Nenan Dane za Deh Zona Child & Family Services

250-775-6568
Unit #203 Northern Explorers
Building 5415 51st Avenue W
nenan.fncoordinator@gmail.com
www.nenan.org

Serving First Nations, Aboriginal and Metis children and families, Nenani provides culturally based services, support and advocacy.

COMMUNITY SERVICES

Northern Lamplighters

250-774-3232
50th Avenue N & Simpson Trail
northern.lamplighters@gmail.com

The Northern Lamplighters Association is a 50+ organization. They are responsible for organizing Senior Programs.

Northern Rockies Aboriginal Women Society (NRAWS)

250-233-8920
5019 52 Avenue W
ed.nraws@northwestel.net

Providing culturally appropriate, safe and empowering options for women, children, their immediate and extended families and the Aboriginal community at large. Family programs & support and pregnancy outreach.

Northern Rockies Regional Municipality - Recreation

250-774-2541 ext. 2080
5500 Alaska Highway
rec@northernrockies.ca
www.northernrockies.ca

Promotes active living and healthy lifestyles through the coordination of various recreation programs and special events.

Northern Rockies Seniors Society

250-774-3193
To book the bus call 250-500-2597
5104-B Airport Drive
nrss@live.ca

Our purpose is to enhance the quality of life and living conditions for seniors in the Fort Nelson area. Our programs and projects are designed to provide necessities to seniors that are affordable and sustainable. This includes transportation for seniors, planning for the building of a supported seniors housing facility and working with activity planners to ensure that activities are geared to seniors and are accessible.

Northern Rockies Social Planning Society

250-774-3882
lgerwing@theedge.ca
<https://sites.google.com/site/nrsocialplanningcouncil/>

The Northern Rockies Social Planning Society is a collaborative network that improves the wellbeing of the community and its diverse people. The Council works to identify and resolve social issues, to build a healthy, desirable community where all its members can reach their full potential.

Nutritionist

1-800-667-3438 or 811
www.northernhealth.ca

Education, consultation and counseling on healthy food choices.

Public Health - Fort Nelson Health Unit - Northern Health

250-774-7092
5217 Airport Drive
www.northernhealth.ca

Public Health Nursing Services include: immunization programs, school health, follow-up of communicable disease, prenatal information and education, Baby's Best Chance handbook distribution, education and support to expectant mothers and new parents & babies through breast feeding support, hospital visits, home visits and infant care, Child Health Clinic, OPT Sexual Health Clinic: birth control and free condoms.

Red Cross Medical Equipment Loan Service

250-774-8111

Please leave a message at the phone number and a volunteer will return your call.

Shelter (Emergency) for Men - 19 years of age and up

250-774-3816
4903 48th Avenue

The shelter is open 24/7 providing a safe, stable, alcohol and drug free environment. Gateway Services is on site to assist men in finding employment, housing, case planning, ensuring the well being of the client who desires the full services. Referrals to other base services is provided.

Service BC

250-774-5555
1-800-663-7867 Enquiry BC
5319 50th Avenue S
www.servicebc.gov.bc.ca

Services available include, but not limited to: Vital Statistics (Birth, Death, Marriage Certificates etc.) Medical Services Plan, Driver's Licence Services, CATS - Community Access Terminal.

Schizophrenia Society

250-719-1010, 1-855-919-1010
Crisis Line 1-888-562-1214
11204 107 Street Fort St. John
jkornelsen@bcss.org
www.bcss.org

Free support and information for individuals (family & friends) who support someone who may have or has been diagnosed with a mental illness.

COMMUNITY SERVICES

Success By 6

250-774-3882
lgerwing@theedge.ca
www.successby6bc.ca

Helping to ensure that all children develop the emotional, social, cognitive and physical skills they need to succeed in school and life.

Victim Services

250-774-4511

Provide emotional support to victims as they come to terms with the effects of their victimization.

Welcome Wagon

250-500-2499 - Carmella Maga

Are you new to the neighbourhood and looking for assistance in finding your way around town? Welcome Wagon is here to help with all the information you may need to familiarize yourself and your family with the local community. Welcome Wagon also offers Welcome Wagon Baby Showers and the Welcome Wagon Hospital and In Home Baby Program.

Women's Shelter

250-774-4742

Providing safe shelter, support, referral services and crisis intervention options for women, with or without children, who are leaving an abusive relationship or situation.

Youth Support Line

1-888-564-8336
www.northernbccrisissuicide.ca

We're here if you need us. Crisis prevention, intervention and information centre for northern BC. Free, confidential, no call display.

COMMUNITY CONTACTS



| | |
|--|------------------------------|
| Cross Country Ski Club | 250-774-2877 |
| Elks Lodge | 250-774-6415 |
| Fort Nelson Cadets | 250-500-1485 |
| Fort Nelson Finns Swim Club | 250-774-2354 |
| Fort Nelson Historical Society | 250-774-3536 or 250-775-0085 |
| Fort Nelson Minor Hockey | elaine.trerice@streeper.ca |
| Fort Nelson Motorcross Club | 250-775-0364 |
| Fort Nelson Petroleum Association | 250-500-2026 |
| Fort Nelson Sled Dog Association | 250-774-2991 |
| Fort Nelson Snowmobile Club | 250-775-0036 |
| Mile 300 Figure Skating Club | Mile300fsc@gmail.com |
| Minor Ball | 250-774-2541 ext. 2080 |
| Northern Rockies Community Arts Council | 250-321-3881 |
| Old Timer's Hockey League | 250-774-3837 |
| Recreation Hockey League | 250-500-2428 |
| Rotary Club | 250-774-7526 or 250-233-2338 |
| Royal Purple | 250-774-3332 |
| Tae Kwon Do (FN Hapki Do) | 250-500-1522 |

DAYCARE SERVICES

Dehzona Family Centre

250-774-2361
Fort Nelson First Nation
daycare@fnnation.ca
www.fnnation.org

Polar Bear Daycare

250-321-4210
4210 51st Avenue E
silvery_starz@hotmail.com

EARLY YEARS SCHOOLS

Chalo Preschool

Preschool programs

250-774-7651
4021 Fontas Dr.
Fort Nelson First Nation
www.chaloschool.bc.ca

Country Care Preschool

Preschool programs

250-500-3080
67 Pebble Drive

Fort Nelson Playschool

Preschool programs

250-774-3351
4216 51 Avenue

G W Carlson School

Strong Start Early Learning Program

250-774-6941
5617 51 Street
www.sd81.bc.ca/gwc

J S Clark

Strong Start Early Learning Program

250-774-3145
5252 45 Avenue
www.sd81.bc.ca/jsc

Prophet River First Nation School

Preschool programs

250-773-6505
Prophet River, BC

EDUCATIONAL SERVICES

Chalo School

Kindergarten through Grade 12

250-774-7651
4021 Fontas Drive
Fort Nelson First Nation
www.chaloschool.bc.ca

Fort Nelson Secondary School

Grades 8 through 12

250-774-6958
5419 Simpson Trail
www.sd81.bc.ca/fnss

G W Carlson School

Kindergarten through Grade 4

250-774-6941
5617 51 Street
www.sd81.bc.ca/gwc

J S Clark School

Kindergarten through Grade 4

250-774-3145
5252 45 Avenue
www.sd81.bc.ca/jsc

Northern Lights College

Full and part-time Academic, Vocational,
Continuing Education and Workforce
Training

250-774-2741
5201 Simpson Trail
www.nlc.bc.ca

Prophet River First Nation School

Pre-school through Grade 6

250-773-6505
Prophet River, BC

R L Angus School

Grades 5 through 7

250-774-2738
5501 Mountainview Drive
www.sd81.bc.ca/rla

School District 81 Board Office

Administration Office

250-774-2591
5112 Airport Drive
<http://www.sd81.bc.ca>

Toad River

Primary through Grade 12

250-232-5492
422 Alaska Highway, Toad River, BC
www.sd81.bc.ca/trs

HEALTH SERVICES

Airport Way Medical Clinic

250-774-7838
5216 Airport Drive

Fort Nelson Dental Clinic

250-774-3510
5008 50th Avenue North

Fort Nelson Health Unit

250-774-7092
5217 Airport Drive
PO Bag 1000
www.northernhealth.ca

Public Health Nursing Services include: immunization programs; school health; follow-up of communicable disease, prenatal information and education: Baby's Best Chance handbook distribution, education and support to expectant mothers and new parents and babies through breast feeding support, hospital visits, home visits, and infant care; Child Health Clinic; OPT Sexual Health Clinic: birth control and free condoms.

Fort Nelson Hospice

250-774-8142
5315 Liard Street [lower level of the Hospital]
PO Bag 1000
fortnelsonhospice@gmail.com

A community based program dedicated to supportive compassionate care for the person, family or friends facing terminal and/or life threatening illness.

Fort Nelson Hospital

250-774-8100
5315 Liard Street
PO Bag 1000
www.northernhealth.ca

Providing services to Northern Rockies, 25 acute care beds, full laboratory, 8 long term bed, X-ray facilities, minor surgery, emergency, diabetic clinic, mental health and addictions.

Northern Health Connections Bus

1-888-647-4997
www.northernhealth.ca

Travel service program for patients needing out-of-town medical appointments in northern BC. Fares are nominal ranging from \$20.00 round-trip to \$80.00 round trip for longer distance routes.

Northern Rockies Dental Clinic

250-774-4484
5211 Airport Drive

HIGHWAY SERVICES

Alaska Highway

Outside of Fort Nelson

250-774-6956

Contact Public Works Canada

Alaska Highway

Inside of Fort Nelson

250-787-3237

Contact BC Ministry of Transportation
www.DriveBC.ca

Sierra Yoyo Desan Industry Road

1-866-453-3267

Maintained by Ledcor

MEDIA

Fort Nelson News

Weekly paper published on Wednesday.

250-774-2357

ads@fnnews.ca

www.fortnelsonnews.ca

Fort Nelson Stuff

Local blog and media website.

www.fortnelsonstuff.com

Horn River News

Blog focused on shale gas in NEBC.

www.hornrivernews.com

Local Events Calendar

Website listing community events and programs. Contact lgerwing@theedge.ca to have your event or program listed.

The Bear 102.3 FM

Local radio station.

250-774-2525

5152 Liard Street

www.1023thebear.com

TRANSPORTATION

Canadian National Rail

250-774-7237

www.cn.ca

Fort Nelson is the northern railhead for CN.

Central Mountain Air

Reservations: 1-888-865-8585

Local: 250-774-5279

Fort Nelson Airport

www.flycma.com

Central Mountain Air (CMA) is a western Canadian privately owned and operated company offering scheduled and charter flights to over 18 British Columbia and Alberta communities.

Greyhound

Reservations: 1-800-667-8747

Local: 250-774-6322

4903 50th Avenue S

www.greyhound.ca

Greyhound Canada is the largest provider of intercity bus transportation in Canada, serving nearly 1,100 locations. The company also provides a number of other services for its customers. Greyhound Courier Express service offers value-priced same-day and early-next-day parcel delivery to thousands of destinations. And the company's Greyhound Travel Services unit offers charter and tour packages for businesses, conventions, schools and other groups at competitive rates.

Northern Health Connections

1-888-647-4997

www.northernhealth.ca

Travel service program for patients needing out-of-town medical appointments in northern BC. Fares are nominal ranging from \$20.00 round-trip to \$80.00 round trip for longer distance routes.

Northern Rockies Seniors Bus

250-500-2597

5104-B Airport Drive

nrss@live.ca

Offering transportation services to seniors and those with mobility challenges.

UTILITIES

BC Hydro

Electricity.

1-800-224-9376
www.bchydro.com

Bell Mobility

1-800-668-6878
www.bell.ca

Fortis BC

Natural gas.

1-888-224-2710
www.fortisbc.com

NEAT

Recycling.

250-321-6328
owen@neat.ca

Voluntary recycling drop-off second Saturday of each month. Located at the Recreation Center. Ask for a NEAT Green Directory of recycling & environmental contacts in Fort Nelson.

Northern Rockies Regional Municipality

Water and sewer bills can be paid at this office.

250-774-2541
5319 50 Avenue S
www.northernrockies.ca

Northwestel

Provides home and business phone services, internet, television and mobility services.

250-774-1111
5404 50th Avenue
www.nwtel.cacn.ca

Northwestel Cable

Provides cable tv and internet services.

250-774-3021
www.nwtel.ca

Widesky

Return-It Depot.

250-774-6528
4911 49th Avenue
www.widesky.ca

Widesky Disposal

Garbage.

250-774-6528
www.widesky.ca

Wireless Edge Mobility (Telus)

250-774-6453
www.telusmobility.com

EMERGENCY SERVICES

| | EMERGENCY NUMBER | NON-EMERGENCY NUMBER |
|--------------------|---------------------|----------------------|
| AMBULANCE | 250-774-2344 | |
| FIRE | 250-774-2222 | 250-774-3955 |
| HOSPITAL | 250-774-8100 | |
| RCMP/POLICE | 250-774-2777 | 250-774-2700 |

QUICK REFERENCE

Aquatic Center

250-774-6464
5301 Simpson Trail
rec@northernrockies.ca

Curling Rink

250-774-2266
5500 Alaska Highway
fncc@mail.com

Fort Nelson & District Chamber of Commerce

250-774-2956
5500 Alaska Highway
info@fortnelsonchamber.com

Fort Nelson Museum

250-774-3536
5603 Alaska Highway
info@fortnelsonmuseum.ca

Northern Rockies Regional Municipality

250-774-2541
5319 50th Avenue S
justask@northernrockies.ca

Poplar Hills Golf Club

250-774-3862
Mile 304 Radar Road

Recreation Department

250-774-2541 ext 2080
5500 Alaska Highway
rec@northernrockies.ca

Visitors Center

250-774-6400
5500 Alaska Highway
visitorinfo@fortnelsonchamber.com

BROUGHT TO YOU BY



Success By 6
Helping all children succeed for life.

United Way Success By 6® Partners



Credit
Unions BC



NORTHERN ROCKIES CHILDREN & FAMILY ACTION COMMITTEE

PHOTOS COURTESY: Lorraine & Greg Gerwing, Tracy Rondeau, Ryan Dickie

FOR INFORMATION CONTACT: lgerwing@theedge.ca